



परमाणु ऊर्जा शिक्षण संस्था

Atomic Energy Education Society कार्यपत्रक / Worksheet (2025-26)

कक्षा /Class: IV_ विषय /Subject: TWAU माह/ Month: JULY अंक/Marks: 40

दिया गया पाठ्यक्रम/Portion covered: Lesson-3, Nature Trail

विद्यार्थी का नाम/Name of the student: _____

अनुक्रमांक /Roll No.____ कक्षा/अनुभाग Class /Sec.:____ दिनांक /Date: _____

SECTION A

OBSERVATION AND REPORTING

1. Fill in the blanks choosing the correct answer from the options given below (5)

i. Nature is full of amazing _____.

- a. books and toys b. plants and animals c. boys and girls

ii. The students went for a nature trail to _____.

- a. Panchadri b. Panchahi c. Panchmarhi

iii. At the entrance of the forest, the students could see lots of tall trees and _____.

- a. monkeys b. birds c. elephants

iv. We should not _____ the plants and animals in the forests.

- a. harm b. hug c. hide

v. Indian Giant Squirrel is a big red-coloured _____ found in Panchmarhi.

- a. beast b. squirrel c. snake

2. State if the following sentences are True or False (5)

i. Abha Didi was a natural scientist. _____

- ii. We should feed all the animals in the forest. _____
- iii. Only animals found on the land are seen in a forest. _____
- iv. Different animals have different footprints. _____
- v. Leaves are found in different shapes, sizes and colours. _____

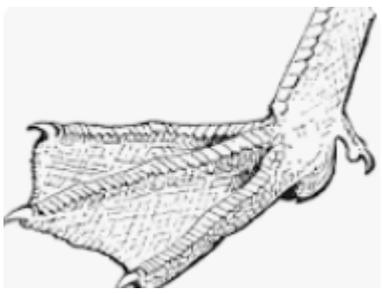
3. Circle the odd one in each group (5)

- i. feathers beak shoulders tail wings
- ii. ant butterflies beetles goats flies
- iii. milk nuts grains fruits seeds
- iv. fish snake frog turtle tiger
- v. hornbill peacock gaur eagle parrot

SECTION B

IDENTIFYING GROUP AND CLASSIFICATION

4. Match the following (3)

i.		a. webbed feet
ii.		b. beak of a bird
iii.		c. footprint of an animal

5. Name the following (5)

i. The animal with a long trunk to take food and water. _____

ii. An insect with three pairs of legs and one antennae _____

iii. The lines found on the leaves _____

iv. The connection between the different living beings on the earth _____

v. The bird with sharp eyesight that helps it to see at night. _____

6. Answer the following (5)

i. Where did the students get ready to go with their teacher?

ii. Write two rules to be followed in a zoo or forest.

iii. What special features do water animals have?

iv. How do leaves differ from one another?

v. Write two characteristic features of a bird.

SECTION C

DISCOVERY OF FACTS

7. Name two of the following (5)

i. Common birds seen around you _____

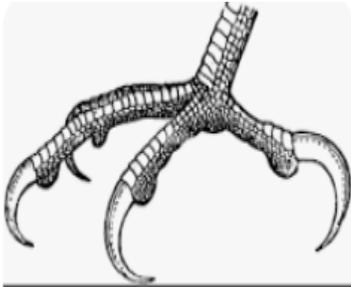
ii. Animals that live in and around water _____

iii. Food items eaten by a bird _____

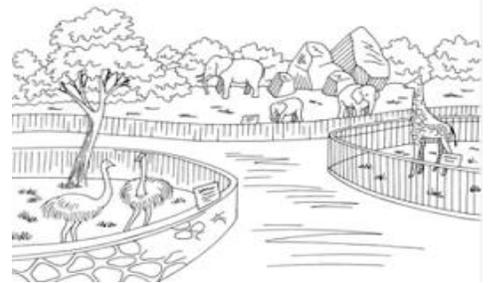
iv. Parts of an insect _____

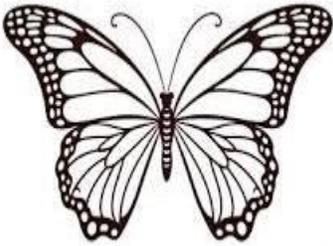
v. Uses of beak to a bird _____

8. Identify the following pictures and name them (5)



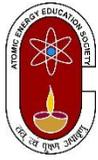








9. Draw a picture denoting the diversity of animals in a forest. (2)



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Atomic Energy Education Society
कार्यपत्रक / Worksheet Answer key (2025-26)

कक्षा /Class: IV _ विषय /Subject: TWAU माह/ Month: July अंक/Marks: 40

दिया गया पाठ्यक्रम/Portion covered: Lesson-3, Nature Trail

विद्यार्थी का नाम/Name of the student: _____

अनुक्रमांक /Roll No. _____ कक्षा/अनुभाग Class /Sec.: _____ दिनांक /Date: _____

SECTION A

OBSERVATION AND REPORTING

1. Fill in the blanks choosing the correct answer from the options given below (5)

i. b. plants and animals ii. c. Panchmarhi iii. b. birds iv. a. harm v. b. squirrel

2. State if the following sentences are True or False (5)

i. True ii. False iii. False iv. True v. True

3. Circle the odd one in each group (5)

i. shoulders ii. goats iii. milk iv. Tiger v. guar

SECTION B

IDENTIFYING GROUP AND CLASSIFICATION

4. Match the following (3)

i. c. footprint of an animal ii. a. webbed feet iii. b. beak of a bird

5. Name the following (5)

i. elephant ii. grasshopper iii. veins iv. Web of life v. owl

6. Answer the following (5)

i. The students got ready for a nature trail to Panchmarhi with their teacher.

ii. Write any two appropriate answer.

iii. Write any correct feature.

iv. Leaves differ in shape, colour, texture and type of veins.

v. Write any two correct characteristic features.

SECTION C

DISCOVERY OF FACTS

7. Name two of the following (5)

i. crow, parrot etc ii. Frog, turtle etc iii. Nuts, grains

iv. wings, legs v. eating, holding

8. Identify the following pictures and name them (5)

i. claws ii. parrot iii. Zoo iv. squirrel

9. Draw the correct picture denoting the diversity of animals in a forest. (2)



परमाणु ऊर्जा शिक्षण संस्था

Atomic Energy Education Society

Worksheet (2025-26)

कक्षा /Class:IV

विषय /Subject: TWAU

अंक/Marks: 40

दिया गया पाठ्यक्रम/Portion covered: : Lesson 4 - Growing up with nature

विद्यार्थी का नाम/Name of the student: _____

अनुक्रमांक /Roll No. _____ कक्षा/अनुभाग Class /Sec.: _____ दिनांक /Date: _____

1. How can we protect the natural environment around us? (4x1=4)



a) _____

b) _____



c) _____

d) _____

11. Fill in the blanks.

(4x1=4)

1. The village was going to be solar-powered by _____ energy for the celebrations.
2. _____ is a tree whose leaves are used to repel insects.
3. _____ is used to make homes cool and environmentally friendly in the village.
4. _____ festival involves planting fruit bearing trees.

111. Match the following.

(5x1=5)

- | | |
|-----------------|---|
| a) Tumri | a type of drum (instrument) |
| b) Neem oil | worshipping the banyan tree |
| c) Nagada | to keep mosquitoes away |
| d) Vat Purnima | generate electricity for fans, bulbs etc. |
| e) Solar panels | a traditional way of preserving grains in Uttarakhand |

1V. Write True or False.

(4x1=4)

- a) Grandmother's paint is made with natural extracts for painting on cloth.

- b) The village was decorated with plastic and artificial materials for the festival.

- c) The Jenu tribes uses modern equipment to collect honey. _____
- d) Reena and Amit were excited about a family trip, to a forest near their village.

V. Answer the following. (5x1=5)

1. Who are Jenu Kurubas?

2. Name some things in a first - aid box.

3. What are sacred groves?

4. Write 2 ways to care for plants and animals in our surroundings.

5. What does worshipping plants and animals in our country indicate?

V1. Give two examples of each. (3X1=3)

1. Natural materials used to make houses.

2. Flowers used to make dye.

3. Things used by the villagers to store grains.

V11. Name the following.

(3x1=3)

1. Flame of the forest _____

2. A form of painting on walls using natural colours. _____

3. The name of your state animal. _____

V111. Give reasons for the following.

(2x2=4)

1. Bamboo baskets were coated with cow dung on the outside.

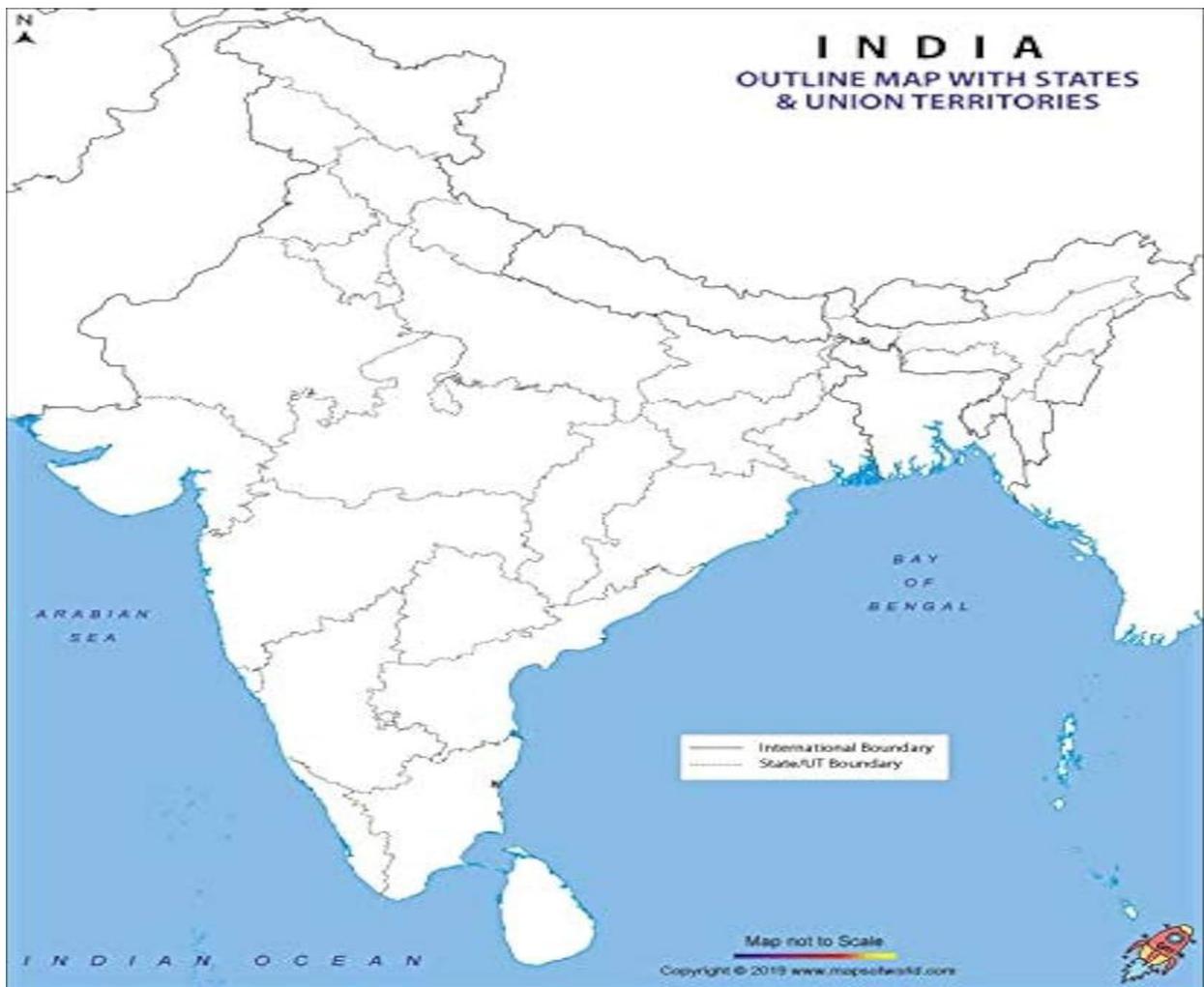
2. If we overuse wood from nature,

1X. What are the things that we use from nature in our daily life? (1x5=5)

Activities	Collected from nature			
Eating				
Clothing				
Healthcare				
Fuel				
Shelter				

X. Locate the following states in the given map. (3x1= 3)

1) Uttarakhand 2) Karnataka 3) Maharashtra





परमाणु ऊर्जा शिक्षण संस्था

Atomic Energy Education Society

उत्तर-कुंजी/ Answer Key (2025-26)

कक्षा /Class: 1V विषय /Subject: TWAU माह/ Month: July अंक / Marks: 40

द्रिया गया पाठ्यक्रम/Portion covered: Chapter 4 – Growing up with nature

1. How can we protect the natural environment around us? (4x1=4)

- a) Save water, avoid wasting electricity, reduce the use of plastic
- b) Do not litter, save paper, recycle old notebooks, and turn off the lights, fans and taps when not in use.
- c) Plant more trees, do not damage plants and flowers
- d) Keep streets clean, dispose of waste in proper bins, use water wisely

11. Fill in the blanks. (4x1=4)

- 1. solar
- 2. neem
- 3. cow dung
- 4. Hari Jiroti

111. Match the following. (5x1=5)

- | | |
|-----------------|---|
| a) Tumri | a traditional way of preserving grains in Uttarakhand |
| b) Neem oil | to keep mosquitoes away |
| c) Nagada | a type of drum (instrument) |
| d) Vat Purnima | worshipping the banyan tree |
| e) Solar panels | generate electricity for fans, bulbs etc. |

1V. Write True or False.

(4x1=4)

- a) True
- b) False
- c) False
- d) True
- e) _____

V. Answer the following.

(5x1=5)

1. The Jenu Kurubas is a tribe from Karnataka. Their name comes from the word 'Jenu', which means honey.
2. Band aids, cotton, antiseptic liquid or crème, painkillers, ORS, scissors, thermometer, sanitiser etc.
3. Sacred Groves are small patches of forests, protected by local communities. The trees and wildlife within them are preserved.
4. Reduce paper waste.
Say no to plastic.
Keep food and water for birds.
5. Worshipping plants and animals in our country indicates our rich tradition of respecting and protecting nature.

V1. Give two examples of each.

(3X1=3)

1. Clay, hay, cow dung
2. Hibiscus and marigold
3. Earthen pots and bamboo basket

V11. Name the following.

(3x1=3)

1. Palash / Kesuda
2. Gond art
3. The name of your state animal. _____

V111. Give reasons for the following.

(2x2=4)

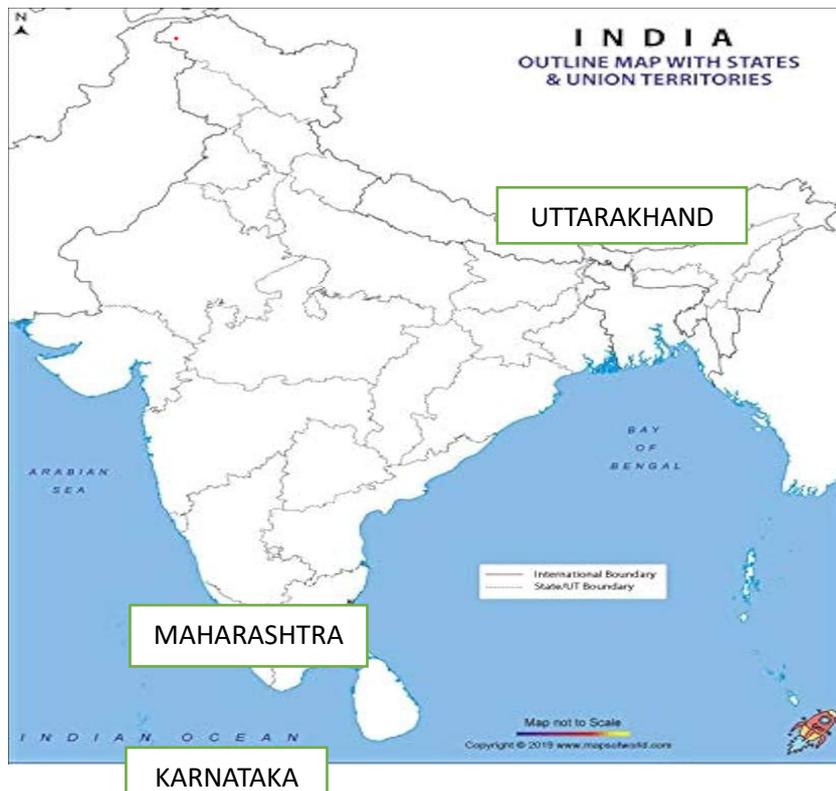
1. Bamboo baskets were coated with cow dung on the outside so that the stored grains remain protected from insects and pests.
2. If we overuse wood from nature, our forests deplete.

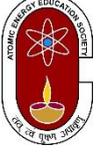
1X. What are the things that we use from nature in our daily life? (1x5=5)

Activities	Collected from nature			
Eating	fruits	vegetables	grains	Honey
Clothing	cotton	wool	silk	Jute
Healthcare	neem	Tulsi leaves	turmeric	Aloe vera
Fuel	Fire wood	Cow dung	Solar energy	Dry leaves
Shelter	wood	rocks	clay	leaves

X. Locate the following states in the given map. (3 x1= 3)

1) Uttarakhand 2) Karnataka 3) Maharashtra





परमाणु ऊर्जा शिक्षण संस्था

Atomic Energy Education Society

कार्यपत्रक / Worksheet (2025-26)

कक्षा /Class: 4 विषय /Subject: TWAU माह/Month : August अंक/Marks: 40

दिया गया पाठ्यक्रम/Portion covered: Chapter-5 Food for Health

विद्यार्थी का नाम/Name of the student: _____

अनुक्रमांक/Roll No. _____ कक्षा/अनुभाग Class /Sec.: _____ दिनांक /Date: _____

Section – A : OBSERVATION AND REPORTING (15 marks)

1. Fill in the gaps with the correct answer. (6 x 1 = 6)

- Ugadi Pachadi is a traditional food of _____.
(Kerala / Karnataka)
- In Ayurveda, there are _____ tastes. (6 / 7)
- Foods which help us grow, build our muscles, and make us strong are known as _____ food. (Energy Giving / Body-Building)
- Say 'No' to _____ food. (Junk / Balanced)
- Eating balanced food is _____ for health. (bad / good)
- We can cook food in a solar cooker by using _____.
(sunlight / electricity)

2. Write True or False. (5 x 1 = 5)

- It is important to check labels before buying or eating packaged food items.
()
- Idli is prepared by roasting. ()
- Drinking sufficient water should be a part of our healthy habits. ()
- The six tastes are known as shad rasa. ()
- Fresh home-cooked food is worse than over-processed or packaged food.
()

3. Write a short note on the following.

(2 x 2 = 4)

a. Importance of water in our diet.

b. Balanced food

Section – B : IDENTIFICATION AND CLASSIFICATION (12 marks)

4. Answer the following.

(5 x 1 = 5)

a. What did Surabhi's grandmother use to eat to during summers and winters?

b. Why do you think we should avoid eating junk food?

c. Why do we need to eat different kinds of food items?

d. How is solar cooker useful to us?

e. Who is a 'Chef'?

5. Write the difference between. (2 x 1 = 2)

Protective Foods	Energy Giving Foods

6. Give an example of the ingredients or food items that match each of the tastes listed below? (6 x 1/2 = 3)

Sweet	Sour	Salty	Pungent	Bitter	Astringent

7. Draw any two junk food and also write the names. (2 x 1 = 2)

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Section – C : DISCOVERY OF FACTS (13 marks)

8. Name any two. (5 x 1 = 5)

- a. Food items which can be eaten without cooking _____
- b. Water – rich fruits _____
- c. Food groups _____
- d. Food items in the stall of super food _____
- e. Meals of the day _____

9. Match the following.

(6 x ½ = 3)

- | | | |
|-------------|-----------|-----|
| a. Boiling | cakes | () |
| b. Steaming | rice | () |
| c. Frying | popcorn | () |
| d. Roasting | idiyappam | () |
| e. Grilling | puri | () |
| f. Baking | chicken | () |

10. Circle the odd one out.

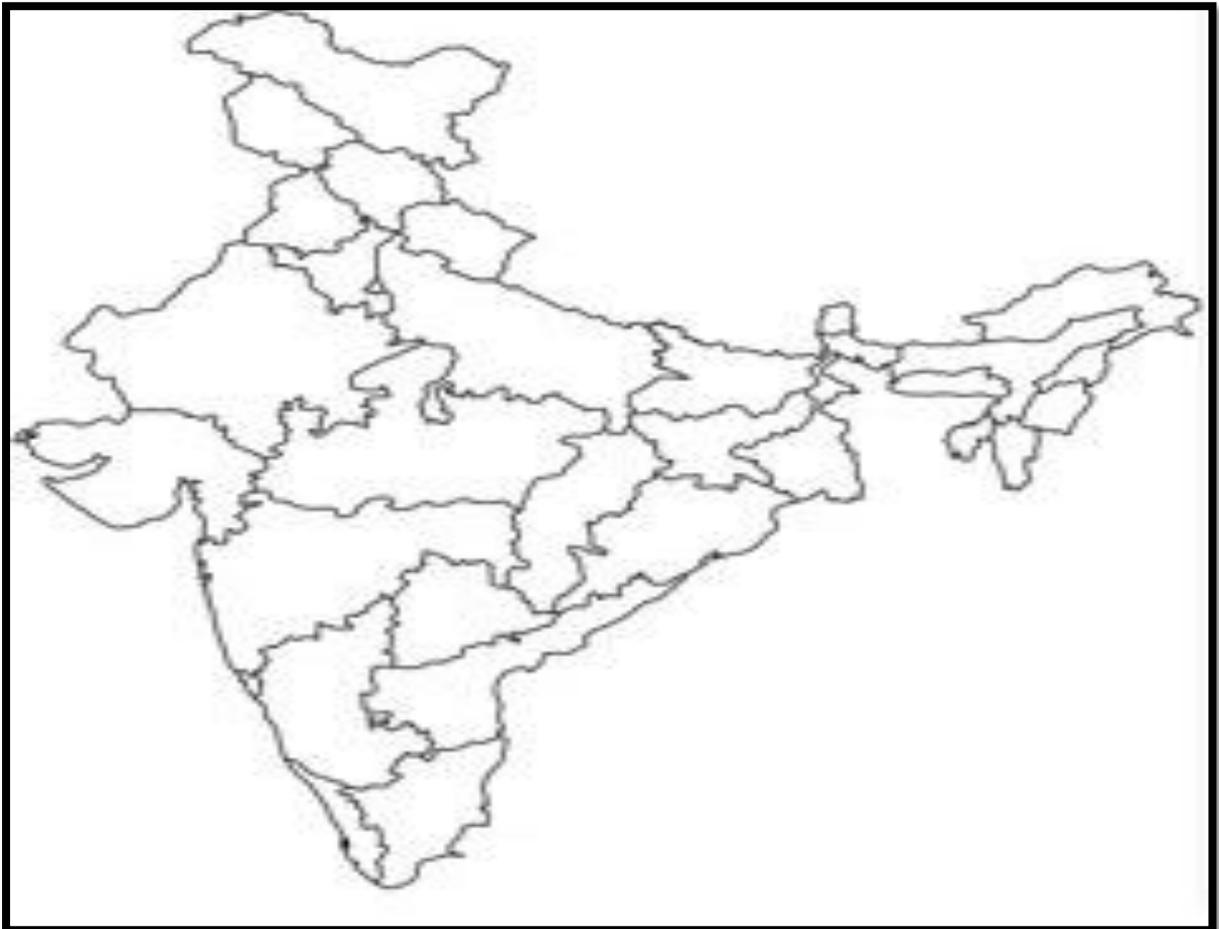
(4 x ½ = 2)

- a. rice , wheat , lemon , maize , potato (*Clue: Energy-Giving Food*)
- b. meat , tomato , fish , almonds , eggs (*Clue: Body-Building Food*)
- c. carrot , orange , cheese , papaya , guava (*Clue: Protective Food*)
- d. fruits , vegetables , nuts , pizza , milk (*Clue: Healthy Food*)

11. Locate the following states in the given map.

(3 x 1 = 3)

- a. Andhra Pradesh , b. Karnataka , c. Telangana**





परमाणु ऊर्जा शिक्षण संस्था

Atomic Energy Education Society

कार्यपत्रक उत्तर कुंजी / Worksheet Answer Key (2025-26)

कक्षा /Class: 4 विषय /Subject: TWAU माह/Month : August

दिया गया पाठ्यक्रम/Portion covered: Chapter-5 Food for Health

Section – A : OBSERVATION AND REPORTING (15 marks)

1. Fill in the gaps with the correct answer. (6 x 1 = 6)

- Karnataka
- 6
- Body-Building
- Junk
- good
- sunlight

2. Write True or False. (5 x 1 = 5)

- True
- False
- True
- True
- False

3. Write a short note on the following. (2 x 2 = 4)

a. Importance of water in our diet.

Water helps in digesting food, and in keeping our skin and body healthy. Water helps in removing waste from our body through urine, sweat and faeces.

b. Balanced food

A balanced food includes food in the right quantities from all three food groups – protective foods (fruits and vegetables), the most, followed by

body- building foods and some energy-providing foods. This helps us keep healthy, active and happy.

Section – B : IDENTIFICATION AND CLASSIFICATION (12 marks)

4. Answer the following. (5 x 1 = 5)

- a. Surabhi's grandmother used to eat jowar and bajra roti in winters and jau roti during summers.
- b. Junk Food is not healthy. It contains high amounts of oil, salt, sugar etc.
- c. Our body requires a variety of food items to stay healthy, energetic and strong. Food is required for balanced growth of our body. Since no single food contains all the nutrients our bodies need, it is important to eat a variety of foods.
- d. It does not pollute the environment as it doesn't produce any smoke or ash.
- e. A chef is a professional cook who is skilled in all aspects of food preparation. The term 'Chef' in French means a director or head of the kitchen.

5. Write the difference between. (2 x 1 = 2)

Protective Foods	Energy Giving Foods
The foods which help us to fight against and protect from diseases.	The foods which are rich in energy and also provide energy to our body.

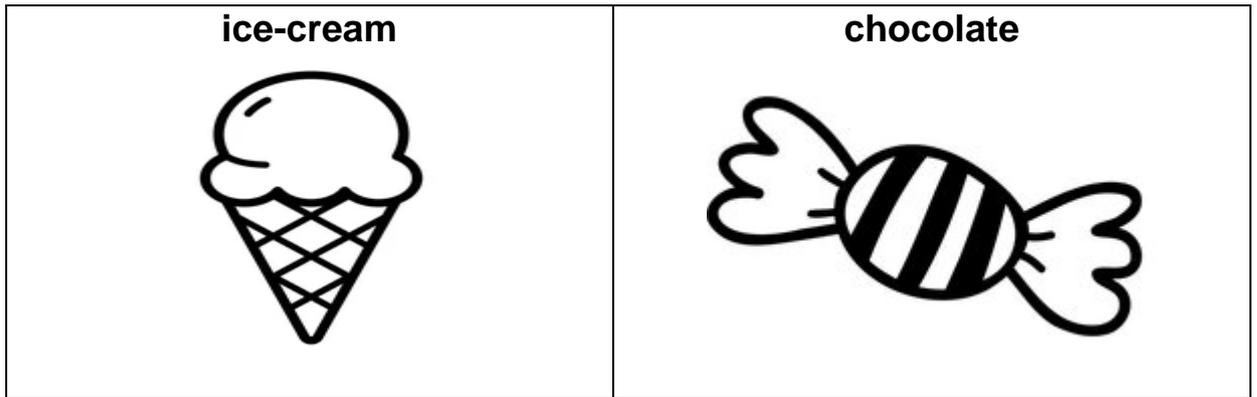
6. Give an example of the ingredients or food items that match each of the tastes listed below? (6 x 1/2 = 3)

Sweet	Sour	Salty	Pungent	Bitter	Astringent
Jaggery	Tamarind	Salt	Green chilli	Neem	Raw mango

(Varied responses)

7. Draw any two junk food and also write the names. (2 x 1 = 2)

(Varied responses)



Section – C : DISCOVERY OF FACTS (13 marks)

8. Name any two. (5 x 1 = 5)

- a. Fruit chaat, vegetable salads
- b. Watermelon, cucumber
- c. Energy-giving Food , Body-Building Food
- d. Jowar Upma, Raggi Laddoo
- e. Breakfast, Lunch

(Varied responses)

9. Match the following. (6 x 1/2 = 3)

- | | | |
|-------------|-----------|-------|
| a. Boiling | cakes | (f) |
| b. Steaming | rice | (a) |
| c. Frying | popcorn | (d) |
| d. Roasting | idiyappam | (b) |
| e. Grilling | puri | (c) |
| f. Baking | chicken | (e) |

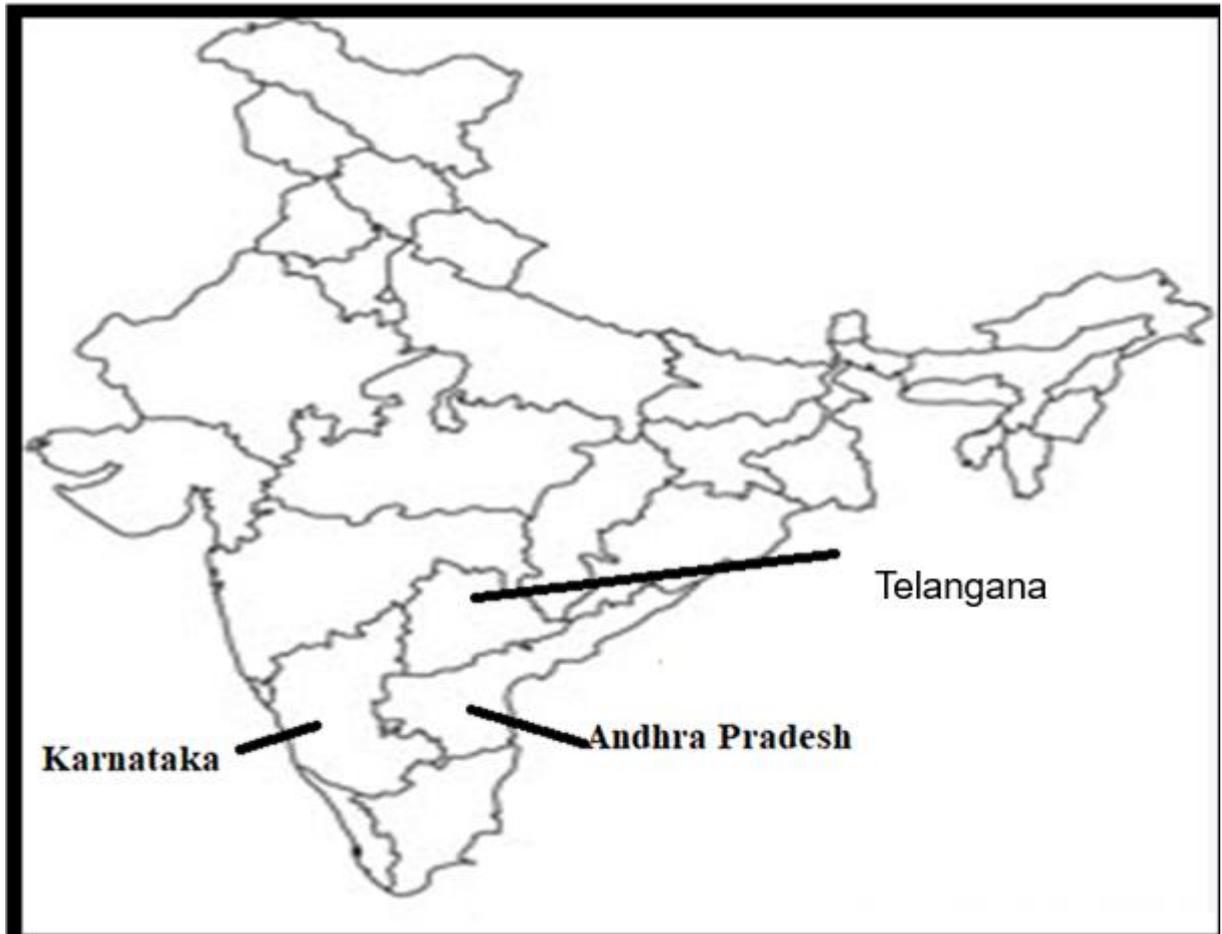
10. Circle the odd one out. (4 x 1/2 = 2)

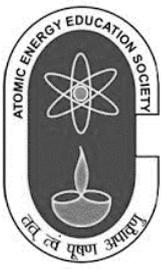
- a. lemon
- b. tomato
- c. cheese

d. pizza

11. Locate the following states in the given map. (3 x 1 = 3)

a. Andhra Pradesh , b. Karnataka , c. Telangana





परमाणु ऊर्जा शिक्षण संस्था

Atomic Energy Education Society

कार्यपत्रक / Worksheet (2025-26)

कक्षा/Class : IV अनुभाग / Sec : _____

अंक / Marks : 80

विषय / Subject : हमारे आस-पास की दुनिया / The World Around Us

माह / Month : सितम्बर / September

दिया गया पाठ्यक्रम / Portion covered – Chapter 1 to 5 (Term 1)

विद्यार्थी का नाम / Name of the student : _____

अनुक्रमांक / Roll No: _____

OBSERVATION AND REPORTING (25 MARKS)

Q1. Observe the picture and answer the questions.

(5 x 2 =10)



1) Where do we drop our letters to be sent? Who delivers letters to our home?



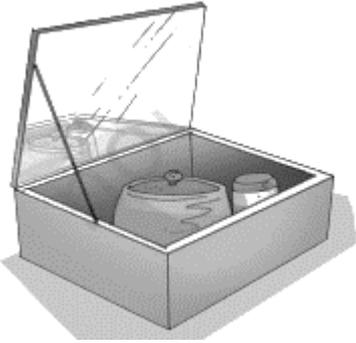
2) Identify this bird and write its name. What does this bird have to catch its prey?



3) What kind of food group is this? Name any two food items from this group.



4) Name the person who mends wall using bricks and cement called? Write the name of any one tool which is used for building walls.



5) Identify the device and write its name. Write any one benefit of using this device.

Q2. Name the following .

(4x1=4)

1. People in Sikkim, who are specialist in agriculture – _____
2. A hut built using bamboo and hay during Magh Bihu – _____
3. A word in French which means a director or head of the kitchen – _____
4. An animal which can live on water as well as land – _____

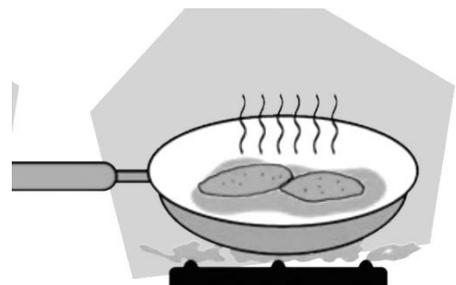
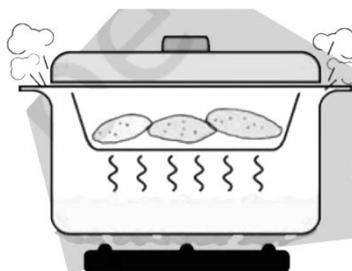
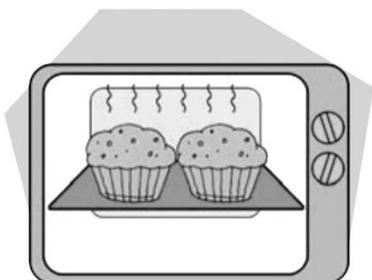
Q3. Give two examples of each-

(3 x 1 = 3)

1. Public places - _____
2. Harvest festivals - _____
3. Indian tribes - _____

Q4. Identify the method of cooking and write its name.

(3 x 1 = 3)



.....

.....

.....

Q7. Match the column.

(4 x 1 = 4)

Column A

Column B

- 1) Vat Purnima
- 2) Jenu
- 3) Tumri
- 4) Fish

- a) Honey
- b) Banyan Tree
- c) Fins
- d) Uttarakhand

Q8. Circle the one which does not belong to the group.

(4 x 1 = 4)

- | | | | |
|-------------|------------|-----------|---------|
| 1. Ant | Wasp | Butterfly | Termite |
| 2. School | Playground | Hospital | Kitchen |
| 3. Marigold | Tulsi | Amla | Ajwain |
| 4. Chips | Idli | Burger | Pizza |

Q9. Answer the following questions.

(5×3=15)

1. What is Van Mahotsav? When is it celebrated?

2. Who is a nature scientist? Write about its role.

3. What is a balanced diet?

4. Write the full form of ATM. Write any two uses of ATM.

5. What is Gond art? How are the paints made to make Gond art?

Q10. Compare between communication in earlier times and communication in present time on the following points. (1x5=5)

Category	Communication in earlier times	Communication in present time
Type of communication		
Speed of communication		
Frequency of communication		
Language of communication		
Challenges faced		

DISCOVERY OF FACTS (25 MARKS)

Q11: Name the following.

(5 x 1 = 5)

1. State animal of Tripura - _____
2. A big, red-coloured squirrel found in Pachmarhi and some other places - _____
3. A tree known as flame of forest - _____
4. A traditional food of Telangana with six different taste - _____.
5. Small patches of forest, protected by local community - _____

Q12. Answer the following questions.

(2 x 2 = 4)

1. What is super food? Write the names of any two super food.

2. What things should be kept in a first-aid box?

Q13. Give reason.

(3 x 2 = 6)

1. Different plants and animals are dependent on each other.

2. We should avoid eating junk food.

3. Drinking sufficient water should be a part of our healthy habits.

Q14. Circle ten words related to food in the grid below.

One example is given below.

(10 x ½ = 5)

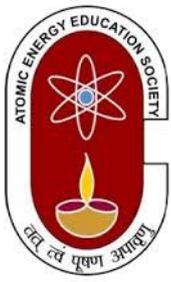
K	O	B	L	C	I	S	A	B
H	E	A	E	B	T	E	P	E
O	T	J	M	E	N	G	O	A
N	U	R	O	J	L	G	T	N
E	P	A	N	R	H	O	A	S
Y	M	A	N	G	O	A	T	R
S	A	O	C	A	R	R	O	T
N	T	A	M	L	A	L	F	E
L	G	T	J	A	U	A	U	W

Q15. Locate the state in the given map.

(1x5=5)

1. Madhya Pradesh
2. Karnataka
3. Uttarakhand
4. Andhra Pradesh
5. Tripura





परमाणु ऊर्जा शिक्षण संस्था

Atomic Energy Education Society

Answer key

कक्षा/Class : IV माह / Month : सितम्बर / September अंक / Marks : 80

विषय / Subject : हमारे आस-पास की दुनिया / The World Around Us

दिया गया पाठ्यक्रम / Portion covered – Chapter 1 to 5 (Term 1)

OBSERVATION AND REPORTING (25 MARKS)

Q1. Observe the picture and answer the questions. (5x2=10)

1. We drop our letters in postbox. Postman delivers letters to our home.
2. The bird is eagle. An eagle has a sharp, curved beak and sharp claws to catch its prey
3. This group of food is “Energy giving food”.
Examples - Rice, Apple etc
4. The person who mends wall using bricks and cement is called mason.
Trowel, Spade etc is used to build walls.
5. The device is Solar Cooker. It does not pollute the environment by producing any smoke or ash.

Q2. Name the following . (4x1=4)

1. Khetala
2. Bhela Ghar
3. Chef
4. Frog

Q3. Give two examples of each- (3x1=3)

1. Public places – School, Park, Playground etc
2. Harvest festivals - Bihu, Pongal etc
3. Indian tribes – Gond, Jenu Kurubas etc

Q4. Identify the method of cooking and write its name. (3x1=3)

1. Baking
2. Steaming
3. Frying

Q5. Answer the questions based on the picture given. (5x1=5)

1. Rs 100
2. 17, including Hindi and English
3. Reserve Bank of India
4. Mahatma Gandhi
5. Award 1 mark for encircling the national emblem on the above note.

IDENTIFICATION AND CLASSIFICATION (30 MARKS)

Q6. Who am I? (2x1=2)

1. Grasshopper
2. Bajra (Pearl Millet)

Q7. Match the column.. (4x1=4)

- 1) Vat Purnima – Banyan Tree
- 2) Jenu - Honey
- 3) Tumri - Uttarakhand
- 4) Fish - Fins

Q8. Circle the one which does not belong to the group. (4x1=4)

- 1. Butterfly
- 2. Kitchen
- 3. Marigold
- 4. Idli

Q9. Answer the following questions. (5x3=15)

Ans 1: Van Mahotsav, also known as the Tree Planting Festival, is celebrated every year in India during the rainy season, from 1 July to 7 July.

Ans 2: A nature scientist is a person who studies plants and animals. A nature scientist plays an important role in exploring and protecting our environment.

Ans 3: A balanced diet includes food in the right quantities from all three food groups—protective foods (fruits and vegetables) the most, followed by body-building foods and some energy-providing foods.

Ans 4: ATM stands for Automated Teller Machine. We can withdraw money anytime without going to the bank. It saves time as we don't have to wait in long bank queues.

Ans 5: Gond art is a form of painting on walls using natural colours. The paints are made of natural extracts of flowers, leaves and with the powdered coloured stones.
(award mark for other suitable answers)

Q10. Compare between communication in earlier times and communication in present time on the following points. (1x5=5)

Category	Communication in earlier times	Communication in present time
Type of communication	Letter, Telegram	Internet, Social media, text messages
Speed of communication	Very slow	Very fast
Frequency of communication	Less frequent	Very frequent
Language of communication	Mostly mother tongue	Mostly English
Challenges faced	Not able to get immediate response in an emergency situation	Easy and fast but sometimes not a reliable source

(award mark for other suitable answers)

DISCOVERY OF FACTS (25 MARKS)

Q11: Name the following. (5x1=5)

1. Spectacled Monkey	2. Indian Giant Squirrel	3. Palash
4. Ugadi Pachadi	5. Sacred Grove	

Q12. Answer the following questions. (2x2=4)

Ans : 1. A superfood is a food that is very rich in nutrients like vitamins, minerals and other things. These foods are good for our health and help us to stay strong and fight diseases. Examples – Jowar (sorghum), Bajra (pearl millet)

Ans : 2. First aid box should have band-aids, antiseptic liquid or cream, burn cream, ORS, Scissors, thermometer, mosquito repellent and hand sanitizer.

Q13. Give reason. (3x2=6)

1. Animals depend on plants for food and oxygen, while plants need animals for carbon dioxide and to spread their seeds. Some animals eat plants and others eat animals. All living beings are connected and depend on each other to live and grow.
2. We should avoid eating junk food because it is not healthy. It contains a high amount of oil, salt and sugar which is not healthy for us.
3. Drinking sufficient water should be a part of our healthy habits because water is also an important part of our diet. Water helps in digesting food, and in keeping our skin and body healthy. Water helps in removing waste from our body through urine, sweat, and faeces.

Q17. Circle ten words related to food in the grid below. (10x ½ = 5)

- | | | | |
|-----------|-----------|----------|----------|
| 1. UPMA | 2. LEMON | 3. OAT | 4. EGG |
| 5. BAJRA | 6. AMLA | 7. MANGO | 8. BEANS |
| 9. CARROT | 10. HONEY | | |

Q19. Locate the state in the given map.

(1x5=5)

